Mycophenolate Mofetil: Use of a Simple Dissolution Technique to Assess Generic Formulation Differences

e-mail: emmanuel.scheubel@roche.com

Emmanuel Scheubel^{1,2,*}, Laurent Adamy², and Jean Michel Cardot¹ ¹Biopharmaceutical department, Faculty of Pharmacy, University of Auvergne 28 Place H. Dunant, BP 38, 63001 Clermont-Ferrand, France ²F. Hoffmann-La Roche Ltd. Pharmaceutical Division, Galenical & Analytical Development CH-4070, Basel, Switzerland

ABSTRACT

Mycophenolate mofetil (MMF) is an immunosuppressive agent indicated for the prophylaxis of acute rejection in patients receiving allogeneic renal, cardiac, or hepatic transplants. It is a Biopharmaceutics Classification System Class II substance that has a strongly pH-dependent solubility profile. Consequently, differences in solid-state properties, formulation, and manufacturing processes of MMF can lead to disparities in bioavailability between brands of the same drug. This study was conducted to compare the in vitro dissolution profile of the original MMF innovator brand (CellCept, Roche) with available generic products. Two representative batches of CellCept 500-mg tablets and 14 different generic formulations were tested using different dissolution testing scenarios simulating conditions in the proximal gastrointestinal tract. These scenarios took into account stomach and small intestine media composition, surface tension, pH, increased buffer capacity, and osmolarity after food intake.

Eight of the generic formulations tested passed the quality control dissolution test (pH 1.1) according to the specification Q = 75% after 5 min (i.e., all single units >80% dissolved), and 12 passed the specification Q = 85% after 15 min (i.e., all single units >90% dissolved). This suggests an almost homogenous dissolution rate between formulations in an acidic environment. However, at pH 4.5, large variations in the in vitro dissolution performance between generic formulations were observed (extremes resulting in greater than 60% dissolved difference after 30 min). Marked variability was seen among the different generic formulations and the innovator brand, CellCept. In conclusion, important differences exist among the different generic formulations with regard to in vitro performance. As MMF is required for life-long use, changes in drug performance as a result of switching between formulations may have serious clinical consequences (e.g., organ rejection). Therefore, clinical testing is necessary to evaluate the pharmacokinetics and the impact on clinical safety of a change of brands.

INTRODUCTION

fter the patent protection of an original brand expires, healthcare systems encourage the use of generic medicines. While the economic need to limit healthcare costs by using generics is not questioned, it is important to ensure that patient health is not compromised. Equivalence has to be shown and is usually based on bioequivalence in healthy volunteers (1). However, as generic products are approved based on comparison with only the innovator product (2), one could argue that switching from one generic product to another might give rise to complications due to the potentially greater disparity between two generic products than between any single generic product and the innovator. In particular, a switch from innovator to generic for a lifelong treatment like an immunosuppressive drug may have negative consequences (3, 4).

Mycophenolate mofetil (MMF) is an immunosuppressive agent indicated for the prophylaxis of acute rejection in adult recipients of renal, cardiac, or hepatic transplants as well as pediatric recipients of renal transplants. MMF is

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currently prescribed for lifelong use. MMF is a weak base classified as a BCS Class II substance (5), exhibiting a strong pH-dependent solubility profile (solubility decreases when pH increases). It is absorbed rapidly and is hydrolyzed by esterases to the active metabolite mycophenolic acid (MPA) (6). The maximum absorption (C_{max}) in man is observed after approximately 0.8 ± 0.36 h in the fasted state (7).

For the same API, differences in solid-state properties, formulation, excipients, or manufacturing can lead to differences in bioavailability from one finished product to another (8). Because in vivo drug dissolution can be the rate-limiting factor in drug absorption for BCS Class II drugs (9), the use of appropriately designed in vitro dissolution tests can potentially discriminate between formulations with different bioavailability. For MMF, differences in dissolution profiles can potentially be useful predictors of clinical differences (10) since the absorption of this drug with a very short T_{max} in the fasted state is limited by the dissolution rate.

The aim of this study was to compare the originator brand CellCept 500-mg tablets with generic drug products that were commercially available worldwide using classical in vitro dissolution testing. In addition to the

^{*} Corresponding author.

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Medium	рН	Volume (mL)	n	Comments				
0.1 N HCI	ICI 1.1 900		12	QC method, pH of fasted-state stomac				
Acetate buffer 0.05 M	4.5	900	6	pH of fed-state stomach				
FaSSIF	6.5	500	3	Fasted-State Simulated Intestinal Fluid				
FeSSIF	5.0	500	3	Fed-State Simulated Intestinal Fluid				
FeSSGF	5.0	500	3	Fed-State Simulated Gastric Fluid				

Table 1. Dissolution In Vitro Working Conditions Used for Screening of MMF Using Paddle Method at 50 rpm

registered NDA QC method (11), investigations were undertaken to simulate in vitro various conditions that are accounted in vivo.

MATERIAL AND METHODS

Material

Egg lecithin (E PC S, purity >96%) was obtained from Lipoid (Ludwigshafen, Germany), and sodium taurocholate (NaTC, 97% pure) was used as received from Prodotti Chimici e Alimentari SpA, Basaluzzo, Italy.

Phosphate buffer, sodium chloride (ACS), 37% hydrochloric acid (fumed), 85% ortho-phosphoric acid, ethanol (99.9%), acetic acid, as well as HPLC grade methanol and acetonitrile were purchased from Merck (Darmstadt, Germany). Water was obtained from a Milli-Q water purification system (Millipore, Milford, MA, USA). Commercial milk (UHT) with at least 3.5% fat was used.

Two representative marketed batches of Roche CellCept 500-mg tablets and 14 MMF generic samples from various worldwide sources were tested (please note that the generics were purchased in 2008 from countries where the patent had expired.)

Method

The dissolution profiles were conducted using a Sotax AT 7smart apparatus (Sotax, Allschwill, CH). In addition to the suggested ANDA method for release (paddle 50 rpm in 900 mL of 0.1 N HCl) (11), different media taking into account stomach and small intestine composition, surface tension, pH, increased buffer capacity, osmolarity, and pH change after food intake were investigated (12). The different working conditions are presented in Table 1. Paddle speed was set at 50 rpm and temperature at 37 °C, with *n* from 3 to 12 units depending on the working conditions or the screening activity. Samples were withdrawn at predefined time intervals from each vessel without replacement. Sampling was automated, and dissolution samples were directly filtered and subsequently measured by a validated UV detection method.

The solubility of the MMF was assessed in each dissolution medium mentioned in Table 1. Duplicate samples were incubated with an excess of compound in a 10-mL volumetric flask at 37 °C with constant rotation for 4 h, and the dissolved quantity was measured with a validated HPLC–UV detection method.

To simulate the impact of variations in pH or medium composition on the dissolution behavior of the 500-mg MMF tablets, the comparisons listed in Table 2 were investigated. The dissolution profiles were measured independently in each medium according to Table 1. For this first screening, only two generics, which had shown the highest difference with regard to performance using the NDA method, were compared with CellCept 500 mg.

For the comparison of the dissolution profiles, the curves were estimated equivalent in HCl if they fulfilled the ANDA specification. For CellCept, the limits are Q = 75% after 5 min (i.e., Stage 1, all single units greater than 80% dissolved) and Q = 85% after 15 min (i.e., Stage 1, all single units greater than 90% dissolved). This first step in HCl will allow selection of formulations to be studied subsequently: a generic fulfilling the requirements and one that does not pass the requirements.

In the other tested media, the similarity factor f_2 (13) was calculated for each MMF generic versus CellCept, where

Test	Simulated Food Intake	Compared Media and pH	H Comments								
1	Stomach	HCl pH 1.2	Gastric pH decreases continuously after meal ingestion from pH 6.4 to Middle condition was chosen (12).								
		FeSSGF pH 5.0									
2	Small intestine	FaSSIF pH 6.5	To simulate pre- and postprandial bile secretion, in upper small intestine before								
		FeSSIF pH 5.0	and after food intake								
3	pH variation in stomach	HCl pH 1.1	pH 4.5 was chosen as non-sink method, allowing 1 tablet (500 mg) to dissolve in								
		Acetate pH 4.5	900 mL								

Table 2. Overview of the In Vitro Methods Simulating Change After Food Intake

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Table 3. Solubility of MMF in Different Media According to In Vitro Working Conditions

Medium	Solubility of MMF
FeSSGF pH 5.0	290 mg/500 mL
FaSSIF pH 6.5	38 mg/500 mL
Blank FaSSIF	35 mg/500 mL
FeSSIF pH 5.0	548 mg/500 mL
Blank FeSSIF	324 mg/500 mL
0.1 N HCl pH 1.1	4270 mg/L
Acetate pH 4.5	600 mg/L

applicable (at least three points in the ascending part of the curve with the maximum one above 85%). The FDA (14) and EMEA (15) recommend that two dissolution profiles are similar if f_2 is between 50 and 100.

RESULTS

Solubility

Table 3 summarizes the results of the solubility study; sink conditions were reached only in 0.1 N HCl.

Dissolution

The dissolution profiles of the various formulations in 0.1 N HCl are presented in Figure 1. Table 4 presents the main results according to ANDA specifications.

Four generics out of 14 did not pass the S1 ANDA requirements (28%), and two out of 14 did not correspond to the ANDA method after 15 min (14%). Generic 2, which was closer to the reference formulation, and generic 4, which dramatically failed, were selected for further investigation to select an alternative medium to 0.1 N HCl.

Table 5 summarizes the finding observed in various media. A similar rank-order was observed in all media for the three formulations; generic 2 was always equivalent to



Figure 1. Dissolution profiles according to NDA method. Results for Roche CellCept are in red (n = 12). After 5 min, 2% < SD < 8%, and after 15 min SD < 2%. The observed variations within the tested tablets batches are very low.

the reference and generic 4 was always lower than the reference. Figure 2 and Table 6 summarize the differences observed in acetate buffer (the simplest medium that emphasizes differences). The dissolution under not strictly sink conditions could be questionable but highlights differences that could have a clinical relevance.

Discussion

MMF exhibited a typical pH-dependent solubility profile. Sink conditions (three times saturation in dissolution volume) were fulfilled only in 0.1 N HCl. In 900 mL of pH 4.5 acetate buffer, the entire tablet dose could be dissolved. Comparison of the solubility of the blank FaSSIF and blank FeSSIF versus FaSSIF and FeSSIF, respectively, suggests that the impact of bile salt and lecithin were well pronounced and consequently food intake can impact the solubility of MMF in vivo.

According to the ANDA method (Figure 1), different profiles were observed for the generics in comparison with the reference CellCept 500 mg. Nine of the 14 tested generics successfully passed the ANDA dissolution test (Table 1) according to the current specification Q = 75%after 5 min, and 12 successfully passed according to the specification Q = 85% after 15 min. Four of them only fulfilled the acceptance criteria after USP Stage 2, and two out of the 14 failed our current specifications. These results indicate an almost homogenous dissolution rate in an acidic environment even if at least two formulations do not comply with the dissolution specifications of FDA, which suggests that they could not be marketed in the United States. Due to the limited amount of available tablets for each generic, two generics (2 and 4) representing the highest and the lowest value found after 15 min with the NDA method, were selected for dissolution method screening. The impact of food intake and pH change on MMF dissolution performance was evaluated by comparing the obtained profiles measured in different media independently as mentioned in Table 2.

The simulation of pH change and the impact of medium composition in the stomach as observed in Figure 3 (Test 1) suggest a similar impact of dissolution media for both CellCept and the tested generics (i.e., after 15 min decrease of approx 60% from HCl to FeSSGF) respecting the ranking observed in 0.1 N HCl. The similarity factor f_2 confirmed that generic 4 is not comparable to CellCept, whereas generic 2 resulted in a similar profile (Table 5).

The impact of pH change and medium composition in the upper small intestine before and after food intake to simulate pre- and postprandial bile secretion, as shown in Figure 4 (Test 2), suggests a similar behavior for CellCept and generic 2 (i.e., after 15 min decrease of approx. 50% from FeSSIF to FaSSIF). Generic 4 showed a significant lower profile in FeSSIF and consequently a less pronounced decrease in FaSSIF. In fact, at pH 6.5 (FaSSIF), the maximum solubility was reached (37.5 mg in 500 mL), which resulted in a plateau at approximately 7–8% for all

Table 4. Dissolution Results According to NDA Method

CellCept							Generic #										
Sample ID#	1	2	1	2	3-A	3-B	4	5	6	7	8	9	10	11	12	13	14
0.1 N HCl at 5 min	S1	S1	F	S1	S2	S1	F	S1	F	S1	F	F	F	S2	S2	S1	S1
0.1 N HCl at 15 min	S1	S1	S2	S1	S1	S1	F	S1	S2	F	S1	S2	S1	S1	S1	S2	S1

S1 and S2 correspond to the USP stage of acceptance according to pharmacopeia (e.g., USP <711>).

F: fails acceptance criteria.

tested samples. At pH 5.0 (FeSSIF) conditions in which the complete dose can theoretically be solubilized (500 mg in 500 mL), significant differences in performance for generics 2 and 4 were observed the f_2 factor for generic 4 was much less than 50.

Simulation of pH change was further investigated by using common dissolution media as shown in Figure 5 (Test 3). The dissolution profile of generic 2 showed a decrease of about 30%, which was slightly greater than CellCept, whereas generic 4 resulted in 20% dissolved only after 15 min. The lowest observed f_2 factor was for generic 4 (Table 5).

Based on this screening, the highest discriminatory power is observed with pH 5.0 FeSSIF and pH 4.5 acetate buffer. At these pH values and with the working conditions used, comparable solubility exists, and similar profiles can be observed (see Figure 6). In practice, the acetate buffer is advantageous because it is simple to prepare and, in comparison to more complex approaches using simulated intestinal fluids (16–18), it has the potential to serve as both a robust dissolution method and a biorelevant method with a high discriminative power. This method was therefore set up for further investigation of the available generics.

Large variations of in vitro dissolution performance from generic to generic were observed (Figure 2 and Table 6). The pH 4.5 acetate buffer method clearly identified two levels of performance in vitro from 15 min onwards. Extremes resulted in less than 50% dissolved after 30 min for 4 generics and less than 30% dissolved for one generic out of the 14 tested variants. Significant interbatch variability (generics 3A and 3B) was also found among generics in comparison with CellCept tablets 500 mg

Table 5. Comparison of Dissolution Profiles Using SimilarityFactor f2 in Various Media

Medium	CellCept 2	Generic 2	Generic 4				
FaSSIF	*	*	*				
FeSSIF	ref	71	19				
FeSSGF	ref	60	29				
HCI	ref	**	26				
Acetate	ref	71	15				

* All profiles lie under 10% release and are superimposable.

**Not applicable, but profiles are superimposable.

(CellCept 1 and 2 resulted in very similar profiles with $f_2 = 82$).

The natural pH in the fasted state of the stomach is 4.5 (19), and a direct consequence of the marked difference in performance at this pH could be a strong decrease in the release rate for some generics, whereas CellCept tablets and other generics remained fast dissolving (> 80% after 30 min). Under fasted conditions, the release of MMF in patients having high variation of gastric pH or achloridia could be directly impacted depending on the generics guality. High performance variations in the fed-state stomach (with pH from 6 to 3) can then be anticipated as well (11). In addition, with a drug having a T_{max} of approximately 30 min, the difference observed in Figure 2 for some generics would result in a significant delay of the absorption kinetics (T_{max} and C_{max}) at higher pH levels since the drug is potentially not completely dissolved at gastric emptying (after 15-30 min in fasted conditions). It can be clearly shown that different qualities of generics exist and that variable performance can occur from generic to generic even if the therapeutic impact could not be anticipated from those results. Special attention should be given to the generics with the lower results. As generic drugs are approved based only on a comparison with the innovator brand, switching between generic products may possibly lead to greater disparity than switching between a generic product and the innovator brand—with unknown clinical consequences. In view of these uncertainties, further research should be done to evaluate



Figure 2. Dissolution profiles of all tested generics at pH 4.5. Roche CellCept results are in red. After 5 min, SD < 5%, after 15 min <2%, and after 45 min <2%.

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Table 6. Dissolution Results According to Acetate Method

		Generic #															
Sample ID	1	2	1	2	3-A	3-B	4	5	6	7	8	9	10	11	12	13	14
f ₂ in acetate	81	ref	52	71	47	83	15	26	37	23	24	36	53	67	89	73	25
Verdict	Р	Р	Р	Р	F	Р	F	F	F	F	F	F	Р	Р	Р	Р	F

Pass (P) and fail (F) the f_2 acceptance criteria.

the pharmacokinetic and safety profiles of generics with lower dissolution results and to determine if they are all therapeutically equivalent. For MMF, change in performance can dramatically affect the risk associated with the medication (e.g., acute rejection in patients).

The FDA draft guidance Average, Population, and Individual Approaches to Establishing Bioequivalence (20), which was never adopted, defined two interesting concepts, switchability and prescribability, that could be of interest for typical drugs like antirejection drugs. Prescribability refers to the clinical setting in which a practitioner prescribes a drug product to a patient for the first time. In this setting, the prescriber relies on an understanding that the average performance of the drug product has been well characterized and relates in some definable way to the safety and efficacy information from clinical trials.

Switchability refers to the setting in which a practitioner transfers a patient from one drug product to another. This situation arises with generic substitution, as well as with certain postapproval changes by an innovator or generic firm in the formulation, manufacture, or both of a drug product. Under these circumstances, the prescriber and patient should be assured that the newly administered drug product will yield safety and efficacy comparable to that of the product for which it is being substituted.

In this case, MMF could be considered as a prescribable drug. These investigations highlight the importance of



Figure 3. Results for Test 1–Dissolution profiles of CellCept (red) and two generics in media simulating fasted state (0.1 N HCl) and fed state (FeSSGF pH 5.0, dotted line) in the stomach. The standard deviation after 15 min lies at maximum 2%. The observed variations within the tested tablets batches are very low.

developing discriminating dissolution methods that take into account the physicochemical properties of the drug as well as the characteristics of the formulation. The methods do not necessarily require a complex setting; they need to match the key parameter likely to impact the performance. The results reported here were generated with a limited number of tablets from only one or two lots of each generic or manufacturer. It is unknown whether these results are representative of other lots. Nevertheless, huge differences were observed and some of them were even out of specification using the current method proposed by NDA. The acetate buffer medium highlights the differences and is able to discriminate easily between batches that fully comply in HCl. The pH 4.5 acetate method discriminated eight variants out of 14, whereas the HCl method identified two variants that failed the acceptance criteria after 15 min. Considering the nature of the drug, a bioequivalence study is mandatory according to the FDA guidance (21), and studies in fasted and fed states are recommended (22) because a therapeutic failure could not be allowed for this class of drug. A simple dissolution using a standard acetate buffer medium will address potential differences and could help to ensure greater similarity between formulations. Such a simple method, due to its discriminative power, could help generic development before any in vivo studies and, as a quality control tool, ensure better homogeneity between batches, which is important to the efficacy and safety of the drug.



Figure 4. Results for Test 2–Dissolution profiles of CellCept (red) and two generics in media simulating fasted state (FaSSIF, dotted line) and fed state (FeSSIF) in the small intestine. The standard deviation after 15 min lies at maximum 2%. The observed variations within the tested tablets batches are very low.



Figure 5. Results for Test 3–Dissolution profiles of CellCept (red) and two generics in media simulating pH variation in the stomach, 0.1 N HCl and pH 4.5 acetate (dotted line).

CONCLUSION

In summary, the generics and CellCept tablets (500 mg) dissolution profiles obtained with an alternate dissolution method at pH 4.5 suggest that important differences may exist among the different generics with regard to in vitro performance. For MMF, differences in dissolution profiles can be useful predictors of clinical differences, since the absorption of this drug with a very short T_{max} in the fasted state is potentially limited by the dissolution rate. Taking into account that MMF is currently prescribed for lifelong use, additional clinical testing may be necessary to evaluate the pharmacokinetics and clinical safety impact of a switch from one generic product to another.

If these in vitro findings are confirmed by clinical studies and significant implications for safety and effectiveness are proven, they should be considered by clinicians to potentially safeguard patients who choose to purchase generic drugs. In this case, MMF formulations should behave similarly in HCl and pH 4.5 acetate buffer before being developed further by new formulators. This prior in vitro knowledge, even if it could be over discriminative, should be leveraged as a resource to aid in the development,



Figure 6. Dissolution profiles of CellCept (red) and two generics in pH 4.5 acetate (dotted line) and pH 5.0 FeSSIF.

justify tests and specifications for new products, and ensure safety and similarity of generics for the patients.

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