Evaluation of the Discriminatory Power of USP Dissolution Method for Candesartan Cilexetil Tablets through Testing of Marketed Products in Egypt

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ABSTRACT
The development of dissolution testing conditions for drugs exhibiting low aqueous solubility like candesartan cilexetil is a challenging task for pharmaceutical scientists and regulatory organizations. The purpose of this study was to evaluate the discriminatory power of the dissolution testing medium specified by USP, which is 0.35% polysorbate 20 in 0.05 M potassium dihydrogen phosphate pH 6.5, for 4-, 8-, and 16-mg candesartan cilexetil tablets. We analyzed the drug release pattern and similarity factors of some generic products marketed in Egypt in comparison to the reference product (Atacand). It was found that, despite the ability of the method to effectively discriminate between the different 16-mg tablets, it failed to demonstrate any discriminative ability of the 4- and 8-mg doses without any formula alteration. Therefore, an attempt was made to develop a new medium for the 4- and 8-mg doses that could provide a reasonable sink condition and discriminatory power by reducing the percentage of polysorbate 20 in the medium from 0.35% to 0.1%. The alternative dissolution medium demonstrated an acceptable sink condition and satisfactory discrimination power between the different marketed products, suggesting the use of this medium (0.1% polysorbate 20 in 0.05 M potassium dihydrogen phosphate, pH 6.5) to aid in product development and testing of finished product quality.

KEYWORDS: Candesartan cilexetil, discriminatory power, dissolution, sink condition, similarity factor

INTRODUCTION
The dissolution test was first introduced in the USP in 1962 as a quality control tool to ensure the reproducibility of and reduce the variation between different batches of formulations. The impact of using different pharmaceutical ingredients and the process of drug manufacturing on the bioavailability and the in vivo performance had not been appreciated (1). Later, dissolution testing was not only used as a quality control tool for monitoring the manufacturing process, but also as a tool to aid in formulation of generic products and optimization of formulas (2). At that point, the ability of dissolution testing conditions to demonstrate the effect of formula changes on the rate of drug dissolution became very important, which is described as the discriminatory power or the discriminative ability of the dissolution test (3).

For a drug to be absorbed from the gastrointestinal tract, it must be present in solution form, so in vitro dissolution testing helps to predict the bioavailability, especially for BCS Class II drugs because dissolution is considered the rate-limiting step for their absorption (4, 5). Designing a dissolution test for drugs exhibiting poor water solubility is a challenging process, as the dissolution medium should be able to dissolve the drug and provide sink conditions while not affecting the discriminatory power of the test (3). According to the USP, the sink condition is fulfilled when the dissolution medium is capable of dissolving the amount of drug that is three times greater than the amount of drug to be tested (6, 7).

Different approaches were adopted to maintain sink conditions such as increasing the medium volume, which is limited by the size of the dissolution vessel. Addition of organic solvents was also adopted, but it has a drawback of not being relevant to the in vivo physiological conditions, and an increase in variability was observed due to the interaction between some tablet excipients and the organic solvent. Adding a surfactant to the dissolution medium is the most commonly used method to provide sink conditions. Increased solubility after addition of surfactants may be explained by the ability of
the surfactants to increase the hydrophilicity of the drug and increase the micellar solubilization (8).

Candesartan cilexetil (CC) (BCS Class II drug) is considered one of the most potent and effective angiotensin–II-receptor blockers. CC was first synthesized in 1993 and was demonstrated to be the most selective subtype 1 receptor blocker with the highest binding potency, maximal antagonism, and the longest dissociation time (9, 10). CC is a white crystalline powder with molecular weight of 610, acid dissociation constant (pKa) = 6.0, and it is practically insoluble in water and sparingly soluble in methanol (11, 12).

Only US FDA dissolution testing conditions for CC tablets were available until the release of the first supplement, USP39, in August 2016, which adopted the same conditions. The dissolution conditions were also not modified in the release of USP40. The USP-specified dissolution medium for 4, 8, and 16-mg tablets is 0.35% polysorbate 20 in 0.05 M potassium dihydrogen phosphate, pH 6.5, and for 32-mg tablets is 0.7% polysorbate 20 in the same, with acceptance tolerance not less than 80% dissolved after 45 minutes of dissolution (13).

Hoppe and Szmitowska evaluated the stability and the solubility of CC in the USP-specified medium and concluded that the chosen medium provides the best stability, as they detected degradation of candesartan cilexetil in acidic pH and noted that the addition of polysorbate meets sink conditions for the tested tablets (14). The same results were also reported by Kamalakkannan et al. (15). Another study was conducted by Hassan and colleagues in attempt to optimize the dissolution conditions of CC 16-mg tablets, and they found that the concentration of polysorbate 20 in the dissolution medium is the major factor affecting the dissolution profile of CC rather than other testing parameters such as paddle rotation speed (16). They also suggested decreasing polysorbate 20 from 0.35% to 0.25% while testing 16-mg tablets to improve the discriminatory power of the dissolution test (16). However, no research was reported in attempt to study the discriminatory power of the 4- and 8-mg doses, which are worthy to study owing to the much higher percentage of polysorbate 20 used in the dissolution medium relative to the drug strength. Thus, the objective of this study was to evaluate the discriminatory power of the USP-specified dissolution medium and attempt to develop a discriminating dissolution medium for the lower strengths of CC tablets, which might aid in the process of product development and improve the finished product quality.

**MATERIALS AND METHODS**

CC powder was obtained from Smilax Laboratories, Hyderabad, India. CC innovator brand was used for the reference product (16 mg, product A: 16 mg Atacand tablets, batch no. 130194D2) and generic products (16 mg, products B, C, and D: batch nos. 456046, 183 3001, and A16101, respectively). CC tablets were purchased from the local market in Alexandria, Egypt. All other chemicals and reagents used were of analytical grade.

**Saturation Solubility Study**

The saturation solubility of CC was determined in phosphate buffer pH 6.5 using different amounts of polysorbate 20 (0%, 0.1%, 0.35%, 0.5%, 0.7%, and 1%). An excess quantity of CC powder was added to 25 mL of the selected medium in a stoppered conical flask then shaken in a thermostatically controlled mechanical shaker (Kottermann, type 3047, Germany) at 100 rpm and 37 ± 0.5 °C for 24 hours. Samples were kept without stirring for another 24 hours then filtered through 0.22-μm syringe filters. The solubility study was performed in triplicate, and the amount dissolved was detected using the high-performance liquid chromatography (HPLC) method in USP40 for detection of CC in the dissolution medium. The mobile phase composition was acetonitrile, trifluoroacetic acid, and water, 550:1:450 in a reversed phase column (X-Terra C18, 4.6 mm × 15 cm, 5-µm) with temperature adjusted at 30 °C, a flow rate of 1.5 mL/min, injection volume of 50 µL, and detection at 254 nm (Agilent 1200 series, Germany) (13).

**Testing the Discriminatory Power of USP Dissolution Method**

The dissolution study was conducted with CC 16-mg tablets, and fractions of tablets were used to obtain the lower strengths of 4 and 8 mg to avoid the formulation effect on the release profile of CC. The fractions of tablets were checked by weight to ensure accurate subdivision prior to testing. The dissolution testing was performed using the recommended testing conditions by USP40 for 4, 8, and 16-mg doses, which are as follows: USP apparatus II (paddle) at 37 ± 0.5 °C with paddle speed of 50 rpm in 900 mL 0.05 M phosphate buffer, pH 6.5, with 0.35% polysorbate 20 (n = 12), using a dissolution test apparatus (Varrian, VK 7000/750D, Germany).

Samples of 5-mL were withdrawn at 5, 10, 20, 30, 45, and 60 minutes and filtered through 0.22-μm syringe filters.Withdrawn samples were replaced with 5 mL of fresh dissolution medium to maintain sink conditions and constant dissolution medium volume. The amount dissolved was detected with the same previously mentioned HPLC method.
Comparison of Dissolution Profiles by Similarity Factor
This study utilized a model-independent approach in which the dissolution profiles of two drug products are compared using the similarity factor, \( f_2 \). The similarity factor directly compares the difference between percent drug dissolved per unit time for a test and a reference product. According to the findings of Vertzoni et al., when comparing cumulative drug release against time data, \( f_2 \) is more reliable than the difference factor (\( f_1 \)) (17). The similarity factor was calculated according to the following equation (18).

\[
f_2 = 50 \log \left[ 1 + \left( \frac{1}{n} \sum_{t=1}^{n} \left( R_t - T_t \right)^2 \right)^{-0.5} \times 100 \right]
\]

where \( n \) is the number of time intervals, \( R_t \) and \( T_t \) are the mean percent drug dissolved from the reference and the generic products at time interval \( t \), respectively.

According to US FDA guidelines, dissolution testing of the test and reference products should be performed under the same conditions and time points for the dissolution profiles should be the same, with a minimum of three points, and only one measurement should be considered after 85% dissolution of both products. The two products are considered similar if \( f_2 \) is greater than or equal to 50. Additionally, if both products dissolve at least 85% of the labeled drug amount within 15 minutes of dissolution, they are considered similar and no further testing or data analysis is required (19).

Development of New Dissolution Medium for 4- and 8-mg Doses
Fractions of the reference product resembling 4- and 8-mg doses (½ tablets for 8 mg and ¼ tablets for 4 mg) were tested using the same conditions as the whole 16-mg tablet but with 0.1% polysorbate 20 instead of the USP-specified 0.35%. Samples of 5 mL were withdrawn at the same time intervals then filtered through 0.22-μm syringe filters. Withdrawn samples were replaced with 5 mL of fresh dissolution medium and the amount dissolved was detected with the same HPLC method (\( n = 12 \)).

Testing the Discriminatory Power of the Suggested Dissolution Medium
Fractions of generic products previously tested in USP medium were used similarly to test the 4- and 8-mg doses in comparison to the reference product using the newly suggested percentage of polysorbate 20 (0.1%). Samples of 5 mL were withdrawn at the same time intervals then filtered through 0.22-μm syringe filters. Withdrawn samples were replaced with 5 mL of fresh dissolution medium and the amount dissolved was detected with the same HPLC method (\( n = 12 \)).

RESULTS AND DISCUSSION
Saturation Solubility Study
The results of the saturation solubility study and the effect of polysorbate 20, which is the surfactant selected by USP40, on sink conditions for CC at different strengths are summarized in Table 1. The solubility of CC is directly proportional to the percentage of polysorbate 20. The solubility markedly increased by increasing the percentage of polysorbate added from 0.091 ± 0.008% in absence of polysorbate 20 to 24.83 ± 0.387% in presence of 1% polysorbate 20, with a 273 fold of enhancement, which could be explained by the increased micellar solubility. Hassan et al. reported nearly the same observations after testing CC solubility using polysorbate 20 with percentages of 0.25, 0.35, 0.45, 0.55, and 0.7% (16).

<table>
<thead>
<tr>
<th>Testing Medium</th>
<th>Average Amount Dissolved (%) (mean ± SD)</th>
<th>Number of Solubility Folds for Different Strengths (( C_s/C_d ))</th>
</tr>
</thead>
<tbody>
<tr>
<td>Phosphate buffer pH 6.5</td>
<td>0.091 ± 0.008</td>
<td>0.20 0.10 0.05 0.03</td>
</tr>
<tr>
<td>Phosphate buffer pH 6.5 with 0.1% polysorbate 20</td>
<td>2.083 ± 0.148</td>
<td>4.68 2.34 1.17 0.59</td>
</tr>
<tr>
<td>Phosphate buffer pH 6.5 with 0.35% polysorbate 20</td>
<td>9.657 ± 0.232</td>
<td>21.74 10.87 5.43 2.72</td>
</tr>
<tr>
<td>Phosphate buffer pH 6.5 with 0.5% polysorbate 20</td>
<td>15.24 ± 0.511</td>
<td>34.29 17.15 8.57 4.29</td>
</tr>
<tr>
<td>Phosphate buffer pH 6.5 with 0.7% polysorbate 20</td>
<td>20.60 ± 0.775</td>
<td>46.13 23.06 11.53 5.77</td>
</tr>
<tr>
<td>Phosphate buffer pH 6.5 with 1% polysorbate 20</td>
<td>24.83 ± 0.387</td>
<td>55.87 27.93 13.97 6.98</td>
</tr>
</tbody>
</table>

C\(_s\), saturation solubility of CC in 900 mL dissolution medium; C\(_d\), dose of CC in tablet formulation. Shaded cells represent the sink condition in the official USP40 medium for each strength.

Testing the Discriminatory Power of USP Dissolution Method
To evaluate the ability of the dissolution medium to discriminate the difference in release profiles of different products with different strengths while avoiding the formulation effect, dissolution of 4- and 8-mg doses from different generic products were tested using fractions of
From the obtained dissolution profiles of 16-mg tablets, and according to the previously mentioned guidelines, only the 5, 10, 20, and 30 minute-time points were considered to calculate $f_2$. Despite the ability of different 16-mg products to pass the USP40 monograph dissolution test limit, none were similar to the reference product, showing $f_2$ values of 33.80, 43.34, and 28.83 for generic products B, C, and D, respectively. However, for the 4 and 8-mg doses, all generic products are considered similar to the reference product, as they all demonstrated more than 85% dissolution within the first 15 minutes of testing without any formula alteration.

Additionally, the obtained dissolution profiles revealed distinctive behavior and differences between the different strengths, which is further confirmed by the results presented in Table 2. The time required for the 16-mg products to reach $T_{80\%}$ ranged from 9.5 to 21.5 minutes, with a difference of nearly 12 minutes between the first and last product. However, this difference decreased by half to only 6 minutes when testing the 8-mg strength and further decreased to nearly 4 minutes with the 4-mg strength.

The previous observations suggest the poor ability of the pharmacopeial dissolution testing conditions to provide an appropriate segregation between the different products especially at the lower strengths, where the three generic products were dissimilar to the reference product when testing the 16-mg doses and the formulas were similar to the reference product in the 4 and 8-mg doses due to the high ratio of the surfactant to the drug tested. Despite the ability of the USP-specified medium to provide a reasonable sink condition for 16-mg strength tablets with 5.43-fold solubility, the sink condition becomes excessive by decreasing the strength to 4 mg while maintaining the same percentage of polysorbate 20, resulting in 21.74-fold solubility.

The effect of polysorbate 20 on the dissolution rate of 4, 8, and 16-mg doses with the same formula as the reference product is obvious in Figure 2A, where $T_{80\%}$ decreased from 21.5 minutes with 16-mg tablets to 7.5 and 12.5 minutes with 4 and 8-mg tablets, respectively. Furthermore, percent CC dissolved after 10 minutes
increased from only 41.11% dissolved from the 16-mg tablets to 91.8% and 74.27% dissolved from the 4 and 8-mg doses, respectively.

Development of New Dissolution Medium for 4 and 8 mg Tablets
The concentration of polysorbate 20 recommended by the US FDA and USP40 is much higher than the critical micelle concentration, which ranges from 0.07% to 0.09% according to the USP (7). Therefore, 0.1% polysorbate 20 was selected for testing 4- and 8-mg doses instead of 0.35%, as 0.1% is just above the critical micelle concentration of polysorbate 20.

The dissolution profiles of the 4- and 8-mg doses of the reference product in 0.1% polysorbate 20 are presented in comparison to the 16-mg tablets in 0.35% polysorbate 20 in Figure 2B. Moreover, T80% and f2 for the lower strengths of 4 and 8 mg in 0.1% polysorbate 20 were calculated in comparison to the 16-mg profile in the USP-specified medium. The resulting dissolution profiles for the lower strengths after testing in 0.1% polysorbate 20 revealed a similar pattern to the profile of 16-mg tablet of the same formula, where the profile of 8-mg dose is nearly superimposed with an f2 of 71.66 and the 4-mg dose was nearly similar with an f2 of 51.02. Moreover, differences in T80% reduced from nearly 14 minutes when testing in the USP-specified medium to only 3.5 minutes in 0.1% polysorbate 20, as T80% increased from 7.5 and 12.5 minutes in the official medium to 18.5 and 22 minutes in 0.1% polysorbate 20, for the 4- and 8-mg strengths, respectively, which is very close to T80% of the 16-mg tablet (21.5 minutes) in the USP medium. The obtained results demonstrate the influence of polysorbate 20 on the dissolution profile of CC and suggest the suitability of the 0.1% polysorbate 20 for testing the lower strengths of 4 and 8 mg.

Testing the Discriminatory Power of the Suggested Dissolution Medium
The dissolution profile of the 4 and 8-mg products in 0.1% polysorbate 20 are presented in Figure 3, and f2 for each product was calculated in comparison to the reference product. The obtained release profiles demonstrate an acceptable sink condition, where all the tested products were able to pass the USP performance test limit with more than 80% dissolved after 45 minutes. The dissolution profiles also demonstrated a distinctive pattern for each formula, proving the ability of 0.1% polysorbate 20 to provide a reasonable sink condition and improve the discriminative ability of the dissolution medium, resulting in an f2 less than 50 for all marketed products. The 4-mg generic products B, C, and D had an f2 of 45.59, 43.96, and 29.17, respectively, and the 8-mg generic products were 48.54, 42.42, and 31.63, respectively. Moreover, the obtained results demonstrated that the dissolution behavior of CC is not only dependent on the sink condition but also on the ratio of the drug to the surfactant, which is obvious when comparing the release profile of the 4-mg product C in 0.1% polysorbate 20 with the 16-mg strength in 0.35% polysorbate 20, as presented in Figure 4. Notice that the sink condition is nearly the same in both cases, with 4.68- and 5.43-fold solubility, respectively. The slower dissolution rate of the 4-mg strength in 0.1% polysorbate 20 could be explained by the low availability of excess polysorbate in the bulk of the medium to form micelles unlike the 0.35%, which is much higher than the critical micelle concentration of polysorbate 20, resulting in improved solubility by micellar solubilization.

CONCLUSION
The discriminatory power of the dissolution testing is very important to demonstrate the effect of formula changes on the dissolution profile. However, the addition of surfactants to improve the solubility and provide sink conditions for poorly water soluble drugs like CC could dramatically hinder the discriminating ability of the medium. This work demonstrated the poor discriminating ability of the specified dissolution medium by USP40 for CC 4 and 8-mg doses (fractions of 16-mg tablets) and suggests the use of 0.1% of polysorbate 20.
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CONFLICT OF INTEREST
The authors disclosed no conflicts of interest related to this article.

REFERENCES


